

Psychology Works

Patients and professionals helping make **chronic illness more liveable.**

SECOND SATURDAYS™

Learn. Adapt. Thrive.

Disability 101: Being Your Own Best Advocate

Persons with disabilities must be prepared to be advocates for themselves in accessing health care. In this session participants will learn about how the Americans with Disabilities Act (ADA) and other nondiscrimination laws apply to health care providers and what one needs to know to make sure they receive the quality of care they are entitled to. One must become an expert on their disability and be prepared to educate health care providers about their disability. One must also be “armed” to negotiate with the payors of their health care. The old adage is true, the “squeaky wheel gets the grease” in the health care arena. Persistence does pay off when one is negotiating with insurance companies and other payors. Participants will be provided with resources to help them negotiate through the complex landscape of medical decision-making so they can receive the best medical care

Speakers:

Wendy Wilkinson: Know Your Healthcare Rights - Wendy is an attorney who has focused her work on legal protections for people with disabilities.

Sabrina Strawn: Be Willing to Fight for What You Need - Sabrina became a healthcare advocate when her husband became disabled. She'll talk about the mental attitude you need to get good healthcare and provide tips on how to approach providers and other health care agencies and professionals.

Erin Field: Advocacy & the Law – Erin works at TMC Ortho, a company providing orthotic products. She will talk about the process of advocacy to change the law, when something just isn't fair.

SATURDAY, SEPTEMBER 13, 2008

11:00 a.m. to 1:00 p.m.

THE UNITED WAY

50 Waugh Drive, Houston

A light lunch & refreshments will be served.

No charge for registration, but space is limited.

To reserve a place, call 713-660-8878

or e-mail: diddel@psychologyworks.com

Visit www.psychologyworks.com